



VEGETARIAN

MENU DINE-IN / TAKE-OUT

EAT DRINK & HAVE FUN



MENU

STARTERS & SIDE ORDER

CRISPY GYM CHICKEN BONELESS SPICY OR ORIGINAL	\$4.00
CRISPY GYM CHICKEN - DRUMMET/WINGLET SPICY OR ORIGINAL	\$2.00
FISH	\$8.00
CALAMARI	\$1.50
SCHNITZEL	\$7.50
DIM SIM FRIED/STEAM	\$1.50
POTATO CAKE	\$1.50
STEAM RICE	\$4.50

GYM CHICKEN CHIPS

SMALL	\$5.00
LARGE	\$8.50
FAMILY (BUCKET)	\$15.00

SEAFOOD OPTIONS & SALAD

FISH & CHIPS	\$12.50
CALAMARI & CHIPS	\$11.50
SEAFOOD BASKET	\$18.00
3 crumbed prawn cutlets, 1 tempura fish fillet, 2 crumbed squid rings, 1 crumbed seafood bite, 2 battered seafood pieces, Tartare sauce, Gym Chicken spicy mayo or original mayo sauce.	

GYM VEGETARIAN

VEGETARIAN BURGER HOMEMADE + CHIPS	\$16.00
Lettuce, tomato, cheese, beetroot, cucumber, sweet chilli sauce, Gym Chicken spicy mayo or original mayo sauce.	
CORN FRITTERS HOMEMADE BURGER + CHIPS	\$17.50
lettuce, tomato, cucumber, beetroot, reddish sauce, Gym Chicken spicy mayo or original mayo sauce.	

GYM CHICKEN ORIENTAL SALADS

SMALL	\$5.00
LARGE	\$9.00
FAMILY	\$16.00

GYM CHICKEN MUSCLE PACKS

2PCS BONELESS CHICKEN + CHIPS	\$12.00
3PCS BONELESS CHICKEN + CHIPS	\$16.00
6PCS BONELESS CHICKEN + LARGE CHIPS	\$31.50
10PCS BONELESS CHICKEN + FAMILY CHIPS	\$48.00



MEGA PACK \$80.00

10 FRIED CHICKEN, 5 BONELESS 5 DRUMMETS & 5 WINGLETS, FAMILY CHIPS, SALAD & SAUCE



GYM CHICKEN COMBOS

3PCS BONELESS CHICKEN + CHIPS + 375ML DRINK	\$17.50
CLASSIC CRISPY GYM CHICKEN BURGER SPICY OR ORIGINAL + CHIPS + 375ML DRINK	\$17.50
5 CRISPY GYM CHICKEN - DRUMMETS OR WINGLETS SPICY OR ORIGINAL + CHIPS + 375ML DRINK	\$16.50



All prices include GST and are subject to change without notice

MENU

MAIN DISHES BURGERS WITH CHIPS

\$12.00 BURGER ONLY



\$13.00 ANGUS BEEF BURGER ONLY

CLASSIC CRISPY GYM CHICKEN BURGER SPICY OR ORIGINAL + CHIPS
Lettuce, tomato, red onion, cheese, Gym Chicken extra hot spices, Gym Chicken spicy mayo or original mayo sauce.

GRILLED GYM CHICKEN BURGER SPICY OR ORIGINAL + CHIPS
Lettuce, tomato, red onion, cheese, Gym Chicken extra hot spices, Gym Chicken spicy mayo or original mayo sauce.

CHICKEN SCHNITZEL BURGER + CHIPS
Lettuce, tomato, cheese, sweet chilli sauce, Gym Chicken spicy mayo or original mayo sauce.

ANGUS BEEF BURGER DOUBLE BEEF & TRIPLE CHEESE + CHIPS
Lettuce, tomato, red onion, beetroot, egg, ketchup, Gym Chicken spicy mayo or original mayo sauce.

ANGUS BEEF CHEESE BURGER + CHIPS
Lettuce, tomato, cheese, ketchup, Gym Chicken spicy mayo or original mayo sauce.

FISH BURGER + CHIPS
lettuce tomato, sweet chilli sauce, Gym Chicken spicy mayo or original mayo sauce.



UPGRADE TO WEDGES WITH SOUR CREAM \$2.00 EXTRA

LIFE IS BETTER WITH BURGER

BURGER MENU

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MENU

MAIN DISHES WRAPS & SCHNITZEL PACKS WITH CHIPS

\$13.00 WRAP ONLY

CRISPY GYM CHICKEN WRAP SPICY OR ORIGINAL + CHIPS
Lettuce, tomato, red onion, cheese, Gym Chicken extra hot spices, Gym Chicken spicy mayo or original mayo sauce.

GRILLED GYM CHICKEN WRAP SPICY OR ORIGINAL + CHIPS
Lettuce, tomato, red onion, cheese, Gym Chicken extra hot spices, Gym Chicken spicy mayo or original mayo sauce.

FISH WRAP & CHIPS
Lettuce, tomato, cheese, sweet chilli sauce, Gym Chicken spicy mayo or original mayo sauce.

GYM CHICKEN 2 GUO BAO SPICY OR ORIGINAL
lettuce, tomato, red onion, cheese, Gym Chicken extra hot spices, Gym Chicken spicy mayo or original mayo sauce.

GYM CHICKEN SCHNITZEL PACKS SPICY OR ORIGINAL + FREE SALAD
sweet chilli sauce, Gym Chicken spicy mayo or original mayo sauce. Served with a free salad.

GYM CHICKEN PARMIGIANA SPICY OR ORIGINAL + CHIPS + FREE SALAD
Tender piece of Gym chicken, tomato sauce and melted cheese served with Gym Chicken spicy mayo or original mayo sauce.



UPGRADE TO WEDGES WITH SOUR CREAM \$2.00 EXTRA



DRINKS

MENU DINE-IN / TAKE-OUT

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MENU

HOT DRINKS



	REG	LRG
CAPPUCCINO	\$4.00	\$5.00
CAFE LATTE	\$4.00	\$5.00
LONG BLACK	\$4.00	\$5.00
MOCHA	\$4.00	\$5.00
CHAI LATTE	\$4.00	\$5.00
ESPRESSO	\$4.00	\$5.00
HOT CHOCOLATE	\$4.00	\$5.00
TEA	\$3.50	

COLD DRINKS



ICED COFFEE	\$6.50
ICED MOCHA	\$6.50
ICED CHOCOLATE	\$6.50
SOFT DRINKS 375ML	\$2.80
WATER 600ML	\$2.50
JUICE	\$4.00



GYM Chicken Delicious boneless fried chicken

Cater for functions

Assorted fried chicken Buffets Noodle boxes Asian salads Finger foods

+61 03 8555 0311 112 Police Road Springvale, Victoria 3171
facebook/gymchicken.com sales@gymchicken.com.au

Cafe



GYM Chicken Delicious boneless fried chicken HOT & SPICY



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Order NOW

CALL: 03 8555 0311



112 Police Road Springvale, Victoria 3171

WRAPS

fresh AND tasty

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